



Growing FAITH at home

7 February 2021

FIFTH SUNDAY
AFTER EPIPHANY

Jesus brings us to
God's healing.

verse for the week

Those who trust
in the Lord will
find new strength.
They will soar
high on wings
like eagles. They
will run and not
grow weary. They
will walk and not
faint.

ISAIAH 40:30-31

Devotions

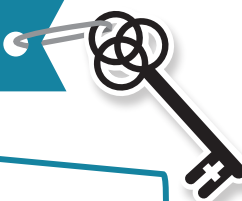


Daily Bible Readings

S	Mark 1:29-39	Jesus heals many people
M	Isaiah 40:21-31	The Lord gives strength
T	1 Corinthians 9:16-23	The rights of an apostle
W	Isaiah 35:3-10	God is coming to heal you
T	Matthew 8:5-17	Jesus heals in Capernaum
F	Luke 6:12-19	Jesus spends a night in prayer
S	Psalm 147	Praise the Lord
S	Mark 9:2-9	The transfiguration of Jesus

Discuss the bible reading. What word or phrase was important to you as you read these verses?

Rituals and Traditions



PRAYER

Lord, please give
us strength when
we are weak, and
lift us up when
we are tired.
Amen.

BLESSING

May the Lord
give you
strength.



Caring Conversations



Share your highs
and lows of the
day, or respond
to the following
questions:

1

When do you feel
close to God?

2

Mark 1:35 tells
us that Jesus
went off to a
quiet place to
pray. When
do you pray?
Where do you
pray? What do
you pray about?

3

Share about a time
when you felt or
experienced God
answering your
prayers.



Creative Response

Christian people are praying people.

There are many traditions we can introduce into our homes to remind us to pray and to help make prayer a routine part of our lives. Here are some ideas:

Pray in silence to meditate on God's presence and assurance.

Pray to God about your disappointments.

Pray for people to receive the gospel.

Have a prayer whiteboard, where household members can jot down prayer requests during the week for others to see.

Make up a photo display of people you wish to pray for regularly.

Start a household prayer journal, in which to record prayer points and answers to prayer.

Display well-known prayers on your walls
e.g. the Lord's Prayer.

mealtime prayer

Lord, you set people free, you heal the sick, and you feed the hungry. We give you thanks and praise. Amen.

Service



Caring for the sick
is a special way
of showing Jesus'
love. Plan to visit
or contact a sick
friend or relative
this next week.
Bring their needs
to Jesus in prayer
throughout the
week.