

22 August 2021

THIRTEENTH
SUNDAY AFTER
PENTECOST

Jesus is the Holy
One of God

verse for the week

Simon Peter answered him, "Lord, to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God."

JOHN 6:68-69

Devotions

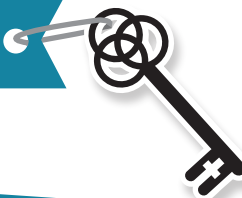


Daily Bible Readings

S	John 6:56-69	Many disciples desert Jesus
M	Joshua 24:1-2a, 14-18	The tribes renew the covenant
T	Ephesians 6:10-20	The whole armour of God
W	Exodus 32:1-20	The golden calf
T	Matthew 19:16-22	A young man goes away sad
F	John 2:18-28	The departure of some
S	Psalms 34:15-22	The Lord is with you
S	Mark 7:1-8, 14-15, 21-23	Authentic faith

Discuss the bible reading. What word or phrase was important to you as you read these verses?

Rituals and Traditions



PRAYER

Lord Jesus, the Holy One of God, no one else can give what you give. Help us to listen to your words and trust in you today and always. Amen.

BLESSING

May the eyes of the Lord be on you and God's ears be attentive to your cry.

Creative Response

Draw or make a suit of armour out of heavy paper or cardboard and include the following pieces: belt, breastplate, shoes, shield, helmet and sword.

(With younger children you can use these items to play a game of "dress-up.").

Throughout the week, read the description of the "armour of God" in Ephesians 6:13-17. Note that this armor is not promoting violence but the "gospel of peace" (v.15).

Be aware of how the Holy One of God protects you with truth, righteousness, peace, faith, salvation, and the Spirit and word of God. Take time to discuss what each part of the armour of God means to you.

mealttime prayer

You give us bread for living, O God. Save us from living for bread. Amen.

Service



Ephesians 6:18 states, **"At all times, pray by the power of the Spirit. Pray all kinds of prayers. Be watchful, so that you can pray. Always keep on praying for all of God's people".**

One of the most important ways we serve others is by praying for them. Make up a list of members of your congregation or people in your social media circles and other relationships to pray for by name this week. Place the list in a prominent place in your home or carry the list with you throughout the week.

Caring Conversations



share your highs and lows of the day, or respond to the following questions:

1

What is something in life you find difficult or struggle with?

2

Some of the people who were following Jesus couldn't accept his teachings and went away (John 6:60). In what ways is following Jesus hard for you?

3

The apostle Paul writes 'be strong in the Lord and his mighty power' (Ephesians 6:10). What strengthens your faith or helps you to keep on following Jesus?