12 September 2021

SIXTEENTH SUNDAY AFTER PENTECOST

Take up your cross and follow.

share your highs and lows of the day, or respond to the following questions:

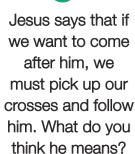
Conversations

Caring

Share about a time when you carried

something heavy.

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Do you think it is hard or easy to follow Jesus? Why?



Devotions -



Daily Bible Readings

	S	Mark 8:27-38	Taking up the cross
	М	Isaiah 50:4-9a	God's servant must suffer
	Т	James 3:1-12	Controlling the tongue
	W	Philippians 3:7-16	Running towards the goal
	Т	Hebrews 12:1-13	The example of Jesus
	F	1 Peter 5:6-11	God will restore those suffering
	S	Psalm 116:1-9	A prayer of thanksgiving
	S	Mark 9:30-37	The servant of all is greatest

Discuss the bible reading. What word or phrase was important to you as you read these verses?

Rituals and Traditions



PRAYER

Lord Jesus Christ, give us strength, courage and faith to take up our cross and follow you. Amen.

BLESSING

May God's
goodness give
you peace in your
heart and your
mind. May the
Lord protect you
with kindness.

Creative Response

How can we remember the cross of Jesus each day?

We can make the sign of the cross a regular practice. This is an ancient Christian tradition that reminds us that we are people saved through the cross of Christ.

Make the sign of the cross with your thumb, index and middle fingers together. Place them on your forehead, then move them down to your heart, then from left across to your right shoulder.

Visual reminders of the cross are also a way of communicating our faith.

What crosses do you have on display in your home?



mealtime prayer

Lord Jesus, as we chew and as we swallow, make us strong to love and follow. Amen.

verse for the week

"If any want to
become my followers,
let them deny
themselves and take
up their cross and
follow me."

MARK 8:34



we serve others not only through what we say.

James 3:1-9 encourages us to use our tongues to bless others, not hurt them. Aim to be God's 'sacred agents' this week in your home, places of work or education, church and community. Set out each day to give at least one compliment or affirmation to someone else. 'I'm proud of you for... ' 'That's ok. how can we learn from that?' 'I'm sorry' 'I love you no matter what'

